



 **PEDAL SCOTLAND**

DESIGNED BY CYCLISTS, FOR CYCLISTS

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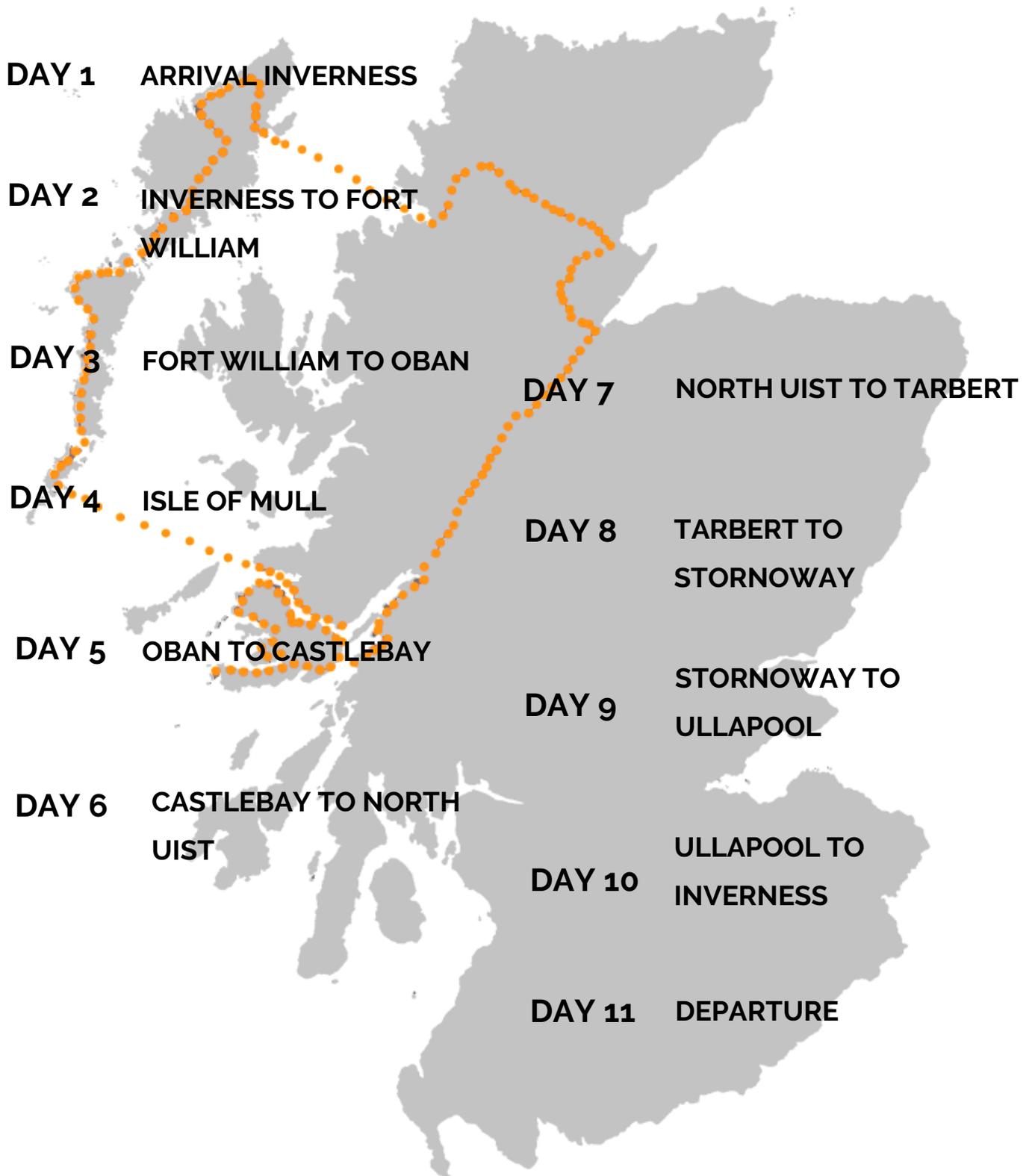
**11 DAYS**

**HIGHLANDS & HEBRIDES**

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# DAY TO DAY ITINERARY



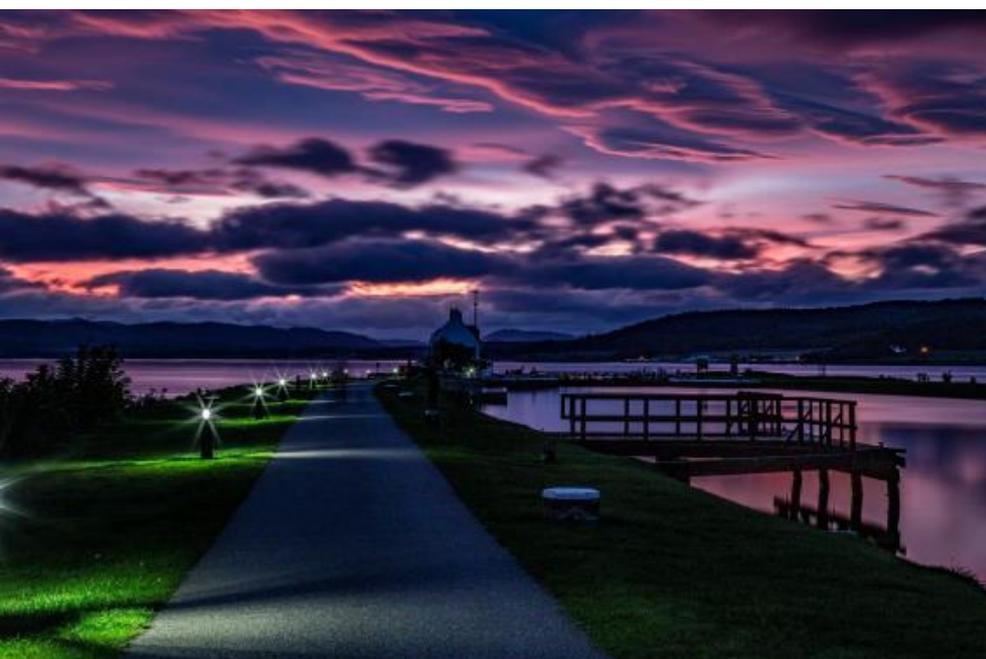
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# ARRIVAL

## DAY 1

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Arrival into Inverness, and time for bike assembly if needed.



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“My heart's in the  
Highlands, my heart is  
not here, My heart's in  
the Highlands a  
chasing the deer;  
Chasing the wild deer,  
and following the roe;  
My heart's in the  
Highlands, wherever I  
go”  
Robbie Burns

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# INVERNESS TO FORT WILLIAM

## DAY 2

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Heading south out of Inverness, we'll track the shoreline of one of Scotland's most famous tourist attractions – Loch Ness



Having travelled the length of the loch, we can take lunch in the quaint town of Fort Augustus.

From there, it is only a further 45 km of gentle riding until we reach our rest stop for the night at Fort William.



**TOTAL DISTANCE: 106.2KM**



# A SMALL COUNTRY WITH SOME BIG VIEWS

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# FORT WILLIAM TO OBAN

DAY 3

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Heading south west along the same road as the day before, we'll head south along Scotland's rugged Atlantic coastline.

With a few lumps heading out of Fort William, we'll ride around the edge the of snow-capped Ben Nevis and follow the coast towards the southern island hub at Oban.



One of the few gateways to the outer Hebrides, Oban was is well catered to look after intrepid adventurers. Take the evening to soak up it's charms...and distillery!

**TOTAL DISTANCE:**  
**70.3KM**

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# ISLE OF MULL

## DAY 4

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A short ferry from Oban lies the stunning isle of Mull. Taking the early ferry across will mean that we can ride the whole island in a day, before returning to the mainland in the evening.



After reaching Mull, we'll have a 140km round island route to cover, to ensure we get back to Oban with plenty of time.

Mull is often overlooked by riders, but it hosts a wealth of sites to take in on the trip round: Duart Castle, the Lochbuie standing stones, Ben Mure and of course Tobemory, the inspiration for the much loved fictional Ballamory!

**TOTAL DISTANCE: 140KM**

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# OBAN TO CASTLEBAY (REST DAY)

DAY 5

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It's time to leave the mainland behind, and head out into the Atlantic wilderness. Take a chance to have a day off the bike, as we travel out to the lands of the Hebrides



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“Whether beyond the  
stormy Hebrides,  
Where thou perhaps  
under the whelming tide  
Visit's the bottom of the  
monstrous world”

John Milton

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VOTED

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THE WORLDS

NO. 1 CYCLING DESTINATION



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# CASTLEBAY TO UIST

DAY 6

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Our first task in our adventure across the Hebrides is to traverse the island of Barra. Whilst this might sound like something of a challenge, the island only measures roughly 8 miles at its longest point, and so this particular section shouldn't take us too long at all.

Another ferry is required on the other side of the island to take us to South Uist, where we can then really stretch our legs, and begin our ride towards the northern islands.

Probably one of the most scenic rides in the world, the remoteness of these islands, dotted occasionally by specs of humanity, can be at once exhilarating and terrifying.

With next to no traffic, these roads are ideal riding country (weather permitting!) and have recently been voted one of the best cycling routes in the world!



**TOTAL DISTANCE: 110.6KM**



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# NORTH UIST TO TARBERT

## DAY 7

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More island hopping, which of course means another ferry. The route from North Uist to South Harris only takes 20 minutes or so, and should nicely break up what is otherwise another awesome 100 km day!



Our second to last night on the Hebrides, our stop for the night will be at Tarbert, home of the famous Tarbert distillery.

Certainly you should take the chance to sample the local delicacies...but perhaps with at least one eye on tomorrow's ride to Stornoway?



**TOTAL DISTANCE: 114.8KM**

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# TARBERT TO STORNOWAY

DAY 8

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Our final day of riding on the islands is a belter. A stunning 110km route around the island takes in some of the classic sights of the Hebrides. Our first stop will take in the Calanais Standing Stones. This man made structure is older than the pyramids of Giza!

Next we'll visit the Blackhouse at Arnol. These traditional Hebridean houses were creatively built due to a lack of trees on Harris and Lewis and so those who lived here long ago had to burn peat in order to stay warm.



**TOTAL DISTANCE: 110.7KM**



**WORLD  
CLASS  
WHISKEY**

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# STORNOWAY TO ULLAPOOL (REST DAY)

DAY 9

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We bid a fond farewell to the Outer Hebrides as we take the ferry back to the mainland. You'll have covered more than 400km across one of the most remote island chains in the world, but there's plenty of phenomenal cycling still to come.



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Fun Fact:

Geologically speaking, the highlands are the oldest part of the UK, at more than 750 million years old!

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# ULLAPOOL TO INVERNESS

DAY 10

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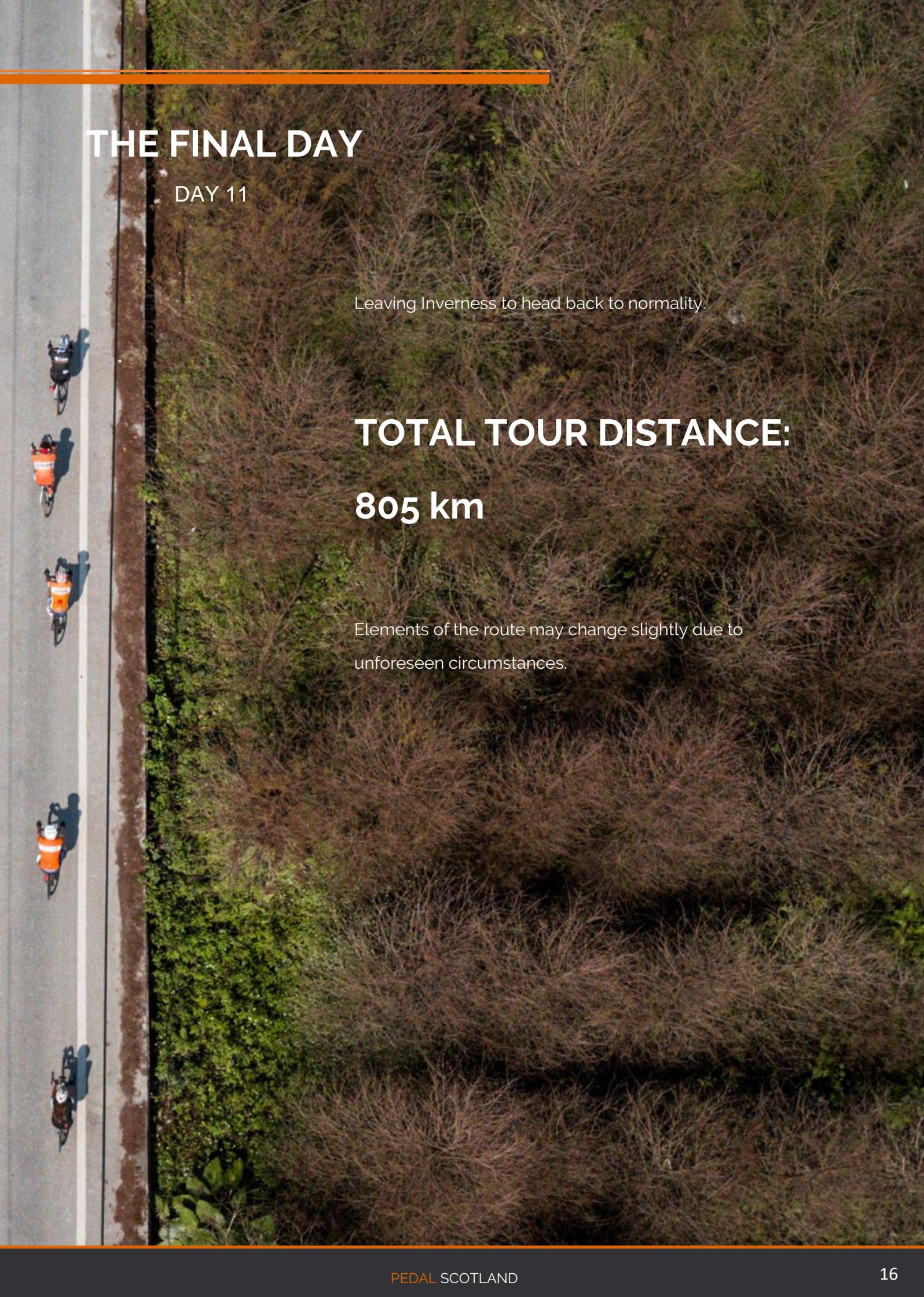
Our final day on the bike, but a hell of a ride. We've got to head through 130km of untamed highland wilderness before we can arrive back into the creature comforts of Inverness, and there's a few lumps and bumps along the way.



We'll start by heading a short way north along the coast before turning inland at Loch Urigill and heading over the mountains towards Rosehall.

After a coffee stop to revitalise the spirits, all that is left is to push on down the mountains towards now familiar sights in Inverness

**TOTAL DISTANCE: 140.2KM**



# THE FINAL DAY

DAY 11

Leaving Inverness to head back to normality.

**TOTAL TOUR DISTANCE:**  
**805 km**

Elements of the route may change slightly due to unforeseen circumstances.